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5. The method of claim 4 wherein said compound is 1,4-benzene-bis[4-methyleneamino-phenoxyisobutyric acid].

6. The method of claim 4 wherein said compound is 4-[(3,5-dichlorophenylureidophenoxyisobutyl)-4-aminobenzoic acid.

7. A method of reversing complications resulting from diabetes wherein said complications result from formation of glycation endproducts or protein cross-linking, wherein said method comprises administering an effective amount of a compound or a pharmaceutically acceptable salt of said compound to said organism wherein said compound is selected from the group consisting of:

1,4-benzene-bis[4-methyleneaminophenoxyisobutyric acid];

4-[(3,5-dichlorophenylureidophenoxyisobutyl)-4-aminobenzoic acid;

L-bis-[4-(4-chlorobenzamidophenoxyisobutyl)cystine];

4-(3,5-dichlorophenylureido)phenoxyisobutyl-1-amidocyclohexane-1-carboxylic acid;

methylene bis [4,4'-(2-chlorophenylureidophenoxyisobutyric acid)];

1,1-dimethylbiguanide; and

5-aminosalicylic acid.

8. The method of claim 7 wherein said compound is 1,4-benzene-bis[4-methyleneamino-phenoxyisobutyric acid].

9. The method of claim 7 wherein said compound is 4-[(3,5-dichlorophenylureidophenoxyisobutyl)-4-aminobenzoic acid.

10. A method of reversing progress in a patient of rheumatoid arthritis, Alzheimer's disease, uremia, neurotoxicity, or atherosclerosis, wherein said method comprises administering an effective amount of a compound or a pharmaceutically acceptable salt of said compound to said organism wherein said compound is selected from the group consisting of:

1,4-benzene-bis[4-methyleneaminophenoxyisobutyric acid];

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cont

~~4-[(3,5-dichlorophenylureidophenoxyisobutyl)-4-aminobenzoic acid;
L-bis-[4-(4-chlorobenzamidophenoxyisobutyl)cystine];
4-(3,5-dichlorophenylureido)phenoxyisobutyl-1-amidocyclohexane-1-carboxylic acid;
methylene bis [4,4'-(2-chlorophenylureidophenoxyisobutyric acid)];
1,1-dimethylbiguanide; and
5-aminosalicylic acid.~~

11. The method of claim 10 wherein said compound is 1,4-benzene-bis[4-methyleneamino-phenoxyisobutyric acid].
12. The method of claim 10 wherein said compound is 4-[(3,5-dichlorophenylureidophenoxyisobutyl)-4-aminobenzoic acid.

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